



Slow-Cooking Fast!

Karen Bellessa Petersen

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At the end of another busy day, the last thing you want to do is slave over a hot stove! In a world of quick fixes and convenience cooking, the era of hearty home-cooked meals seems to be a remnant of the past. Not so, proves acclaimed food blogger Karen Bellessa Petersen in *Slow-Cooking Fast!*, a comprehensive guide to the art of slow-cooker cuisine. For beginner and experienced cooks alike, these mouthwatering recipes require little prep time and call for ingredients commonly stocked in your kitchen cabinet. From classics like fool proof Barbeque Beef and Peach Cobbler to the more exotic flavors of Spinach Artichoke Dip, Jambalaya, and Nutella-Coconut Lava Cake, there are recipes sure to satisfy even the pickiest eater. Sprinkled with dozens of handy slow-cooker tips and tricks, this delectable selection of budget savvy, family-friendly recipes proves that there's no need to sacrifice taste in the interest of saving time!

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