



The Tao of Pooh

Benjamin Hoff

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Audie Award Winner, Personal Development, 2013

Author Benjamin Hoff shows that the philosophy of Winnie-the-Pooh is amazingly consistent with the principles of Taoism and demonstrates how you can use these principles in your daily life.

Is there such thing as a Western Taoist? Benjamin Hoff says there is, and this Taoist's favorite food is honey. Through brilliant and witty dialogue with the beloved Pooh-bear and his companions, the author of this smash bestseller explains with ease and aplomb that rather than being a distant and mysterious concept, Taoism is as near and practical to us as our morning breakfast bowl. Romp through the enchanting world of Winnie-the-Pooh while soaking up invaluable lessons on simplicity and natural living.

While Eeyore frets and Piglet hesitates and Rabbit calculates and Owl pontificates, Pooh just is. And that's the clue to the secret wisdom of the Taoists.

The Tao of Pooh is an international bestseller and the first Taoist-authored book in history to appear on bestseller lists, it remained on The New York Times' bestseller list for 49 weeks.

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From reader reviews:

Velda Thornley:

Playing with family inside a park, coming to see the coastal world or hanging out with buddies is thing that usually you have done when you have spare time, in that case why you don't try thing that really opposite from that. One activity that make you not sense tired but still relaxing, trilling like on roller coaster you are ride on and with addition associated with. Even you love The Tao of Pooh, you are able to enjoy both. It is very good combination right, you still would like to miss it? What kind of hang-out type is it? Oh seriously its mind hangout guys. What? Still don't obtain it, oh come on its referred to as reading friends.

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Some individuals said that they feel bored when they reading a book. They are directly felt it when they get a half parts of the book. You can choose the actual book The Tao of Pooh to make your reading is interesting. Your own personal skill of reading skill is developing when you similar to reading. Try to choose straightforward book to make you enjoy you just read it and mingle the impression about book and reading through especially. It is to be 1st opinion for you to like to open up a book and study it. Beside that the e-book The Tao of Pooh can to be your brand new friend when you're feel alone and confuse using what must you're doing of their time.

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