



Acceptance, Surrender, and Faith: 30 Day Prayer Mandala Devotional Journal

Deb Bryan

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Thriving vs. Surviving: Heart Healing Prayer & Meditation series. This devotional journal has been created with a daily prayer mandala design, meditation thoughts, and spiritual healing concepts to assist you in your journey toward acceptance, faith, and surrender. I created the Prayer Mandala designs as part of a prayer and meditation art therapy practice during a painful loss and unexpected change in my life. My primary goal was to restore my faith. In that process I discovered acceptance and surrender were the taproots I would need to establish first. A process which lead me to a deeper faith than I have ever experienced before in my life.



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