

The Biodynamic Farm: Agriculture in Service of the Earth and Humanity

Herbert Koepf



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The Biodynamic Farm: Agriculture in Service of the Earth and Humanity Herbert Koepf Bankrupt farmers, erosion of topsoil, and poor food quality owing to pesticides, hormones, and other additives?these are the well-known realities of the modern crisis in farming. This problem is the outcome of the limited vision of conventional methods and a system that focuses exclusively on quick results and profits. The need for changes is clear, and Koepf provides a vast array of research data and results, as well as many helpful details on animal feeding, crop rotation, diseases, pests, and fertilizing. He shows that the biodynamic method of farming and gardening is the alternative that can turn farming around.

Biodynamics is "the oldest alternative agricultural movement in the world." It is based on the concept of the whole farm as a single organism. Its goals are to protect and nurture the soil, improve the quality of food, and organically integrate the farm into the environment as a whole.

This is an essential reference for all farmers who are unsatisfied with conventional methods and for gardeners who wish to improve the quality of life around them as well as the food they serve their families.

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