



My Fitness Entrepreneur: How to Become a Personal Trainer and Start a Personal Fitness Training Business

Ahmed Erguigue

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In association with <http://myfitnessentrepreneur.com>

Working as a personal trainer for the past 15 years has given me an extremely blessed life and I'm thankful every day that this is my profession. I love the fact that I get paid to positively impact the lives of my clients every single day. I put together this book to help others achieve a career as rewarding as the one I've experienced. Hopefully this guide will help you find the same joy, satisfaction, and success that I have found in this dynamic profession.

This is my story and I hope you like it. It comes from my heart.

-Gino

Table of Contents:

Introduction

Section 1: Education and Certifications

- Step 1. Meet current health and fitness professionals in your community.
- Step 2. Get your education.

Section 2: Training Philosophy

- Step 1. Set rules for working with your clients.
- Step 2. Set rules for yourself.

Section 3: Preparing for Business

- Step 1. Create an availability schedule.
- Step 2. Decide what services you will be specializing in and what will be included in your plans.
- Step 3. Decide how you will get paid.
- Step 4. Create your client information database.

Section 4: Advertising Your Services

- Step 1. Create a website for your business (I'll show you how to do this in less than two hours total).

Section 5: The Power of Testimonials

- Step 1. Get testimonials and list them on your website.

Section 6: Closing Your Leads and Sample Pricing Plans

- Step 1. Prepare for the initial meeting.
- Step 2. Learn how to direct a typical conversation with a new potential client.

Section 7: Maintenance and Growth

- Step 1. Steadily build your client base.
- Step 2. Don't ever lose focus of your clients.

Health and Fitness Evaluation Form

Personal Trainer Contract

Session Completion Signature Sheet

Case Study: How to Open a Gym or Fitness Training Facility (the blunt truth).

--- 1. Estimate your expenses and revenue.

--- 2. Raise capital.

--- 3. Be prepared to work.

Top 16 Mistakes Personal Trainers Make

About the Author – Ahmed “Gino” Erguigue

--- My story

--- About me



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Antonio Batts:

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