



Coupons for the Rest of Us: The Not-So-Extreme Guide to Saving More

Kasey Knight Trenum

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Couponing for the Rest of Us: The Not-So-Extreme Guide to Saving More Kasey Knight Trenum
Shop savvy, save money, and still have a life!

Kasey Knight Trenum knows what it's like firsthand. When her family's finances were in a tailspin, she gritted her teeth and gave in to the need to save. In *Couponing for the Rest of Us* she shows you how she learned to save hundreds of dollars every month and offers time-saving tips and tricks you can easily implement in your busy life. You'll discover

- where to find coupons for what your family eats
- how to reinvent your shopping strategy
- how to make grocery shopping less stressful--even fun!
- and much more

If you want to save money *and* time, this book is a gold mine.

"Prepare to be surprised by how easy it really is to slash your grocery budget by 50 to 70 percent consistently, week after week! Kasey takes you from start to finish using her uniquely simple strategies. You'll go step-by-step, from collecting coupons to getting organized to understanding store policies and secrets for how to maximize your savings--just like a pro!"--**Mary Hunt**, personal finance expert and founder of Debt-Proof Living, author of *7 Money Rules for Life*

Kasey Knight Trenum hosts Time 2 \$ave / Time 2 Give, a frugal and couponing blog (www.time2saveworkshops.com), and conducts Time 2 \$ave workshops frequently. Her weekly column can be read in Scripps newspapers nationwide, her work has been featured in *Parade* magazine and *All You* magazine, and she has been interviewed on HNL's *Making It in America* and NPR's *All Things Considered*. She has a personal passion for seeing women, men, and families find financial freedom, be empowered to improve their lives, and become purposeful givers. She and her husband and children live in Tennessee.

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