



I Am Not Sick I Don't Need Help! How to Help Someone with Mental Illness Accept Treatment

Xavier Amador

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"This book fills a tremendous void..." wrote E. Fuller Torrey, M.D., about the first edition of I AM NOT SICK, I Don't Need Help! Ten years later, it still does. Dr. Amador's research on poor insight was inspired by his attempts to help his brother Henry, who developed schizophrenia, accept treatment. Like tens of millions of others diagnosed with schizophrenia and bipolar disorder, Henry did not believe he was ill.

In this latest edition, 6 new chapters have been added, new research on anosognosia (lack of insight) is presented and new advice, relying on lessons learned from thousands of LEAP seminar participants, is given to help readers quickly and effectively use Dr. Amador's method for helping someone accept treatment.

I AM NOT SICK, I Don't Need Help! is not just a reference for mental health practitioners or law enforcement professionals. It is a must-read guide for family members whose loved ones are battling mental illness. Read and learn as have hundreds of thousands of others...to LEAP-Listen, Empathize, Agree, and Partner-and help your patients and loved ones accept the treatment they need.

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From reader reviews:

Ashley Mansfield:

Spent a free a chance to be fun activity to complete! A lot of people spent their free time with their family, or their friends. Usually they doing activity like watching television, about to beach, or picnic from the park. They actually doing same thing every week. Do you feel it? Would you like to something different to fill your free time/ holiday? Can be reading a book can be option to fill your no cost time/ holiday. The first thing that you ask may be what kinds of guide that you should read. If you want to try out look for book, may be the book untitled I Am Not Sick I Don't Need Help! How to Help Someone with Mental Illness Accept Treatment can be fine book to read. May be it could be best activity to you.

Rita Heil:

A lot of people always spent their free time to vacation or even go to the outside with them friends and family or their friend. Did you know? Many a lot of people spent they will free time just watching TV, or playing video games all day long. If you need to try to find a new activity that's look different you can read a new book. It is really fun for you personally. If you enjoy the book that you just read you can spent all day every day to reading a guide. The book I Am Not Sick I Don't Need Help! How to Help Someone with Mental Illness Accept Treatment it is quite good to read. There are a lot of people who recommended this book. These people were enjoying reading this book. In case you did not have enough space to bring this book you can buy the e-book. You can m0ore quickly to read this book through your smart phone. The price is not to cover but this book provides high quality.

Barbara Butler:

People live in this new moment of lifestyle always aim to and must have the spare time or they will get lots of stress from both way of life and work. So , if we ask do people have extra time, we will say absolutely without a doubt. People is human not only a robot. Then we ask again, what kind of activity do you possess when the spare time coming to anyone of course your answer will certainly unlimited right. Then do you ever try this one, reading guides. It can be your alternative inside spending your spare time, the particular book you have read is usually I Am Not Sick I Don't Need Help! How to Help Someone with Mental Illness Accept Treatment.

John Martin:

Many people spending their time period by playing outside together with friends, fun activity with family or just watching TV 24 hours a day. You can have new activity to shell out your whole day by reading through a book. Ugh, you think reading a book can actually hard because you have to take the book everywhere? It all right you can have the e-book, having everywhere you want in your Cell phone. Like I Am Not Sick I Don't Need Help! How to Help Someone with Mental Illness Accept Treatment which is finding the e-book version. So , why not try out this book? Let's see.

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