



A CASTING APPROACH TO FLYFISHING TO CATCH FISH, NOT JUST TO CAST (Fly Fishing Tutorial DVD)

Joe Humphreys

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Tutorial DVD. Play on any regular DVD player worldwide (recommended) or CD-ROM. 60 minutes Joe Humphrey's Casting Approach to Flyfishing to Catch Fish, Not Just Cast features a concept mostly overlooked in today's instructional pursuits. This format, the fundamentals of casting, is not structured just for adults but children as well & can enhance anyone's success with a flyrod in the pursuit of game fish. Employs the basic casting techniques that can get you into fish: nymphing, dryfly, brush casts that are absolutely necessary in the pursuit of game fish. Features a concept mostly overlooked in today's instructional pursuits. This format, the fundamentals of casting, can enhance anyone's success with a flyrod in the pursuit of game fish. If you really want to catch fish under all conditions you have to adjust to the circumstances before you & apply the techniques needed. WORDS FROM JOE HUMPHREYS: From childhood to adulthood my casting approach to flyfishing has undergone some drastic changes; mainly brought about by necessity, adjusting to the challenging conditions astream. From the metronome, back & forth wrist motion as a child, my casting stroke has over the years shortened, at times to an almost imperceptible squeeze for the stroke. The reason being the techniques needed to catch fish demand the short casting stroke. The slack leader cast for the dry fly, the downer & upper & the tuck cast for nymphing, and the tight brush conditions all of these approaches are impossible to perform with a long casting stroke. Yet the mentality of a great majority of the flyfishers of this nation have a mind set...the 10:00 to 2:00 casting stroke, locked wrist & a greater use of the arm in casting. Tournament casters, and those who embrace the tradition of the sport have been conditioned by past teachings still promote & endorse this style; and yes, it is casting, line control & loop control, and if you have plenty

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