



# Easy Paleo Snacks Cookbook: Over 125 Satisfying Recipes for a Healthy Paleo Diet

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**Easy Paleo Snacks Cookbook: Over 125 Satisfying Recipes for a Healthy Paleo Diet** Rockridge Press  
From the Publisher of New York Times Bestsellers Paleo Slow Cooker and Paleo for Every Day

Easy Paleo Snacks Cookbook gives you more than 125 simple, inventive snacks that will satisfy your family and help you power through the day. With classic paleo snack recipes and special recipes for kids, athletes, protein, breakfast, parties, dessert, and people on the go, Easy Paleo Snacks Cookbook will round out your daily meals and make you excited about sticking to your healthy paleo diet.

Let Easy Paleo Snacks Cookbook add delicious variety to your menu, with:

- 125+ paleo snack recipes including Banana Chocolate Chip Cookies, Cherry Chunk Bars, and Paleo Jambalaya
- 10 extremely easy recipes that take less than 5 minutes to make
- 16 easy swaps for harder-to-find ingredients
- 13 kid-friendly recipes to keep the kiddos happy
- Handy nutritional information, prep time, and cook time for each recipe

With simple recipes and healthy ingredients, Easy Paleo Snacks Cookbook will broaden your culinary repertoire and make your paleo diet even more empowering.

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