



Hidden Addictions: A Pastoral Response to the Abuse of Legal Drugs

Richard L Dayringer, Bridget C Mc Keever

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In *Hidden Addictions: A Pastoral Response to the Abuse of Legal Drugs*, you'll find that beneath the gruesome, more public face of illegal drug abuse lies another less hideous, but just as destructive, layer of addiction--the addiction to prescribed drugs. In this revealing study, you'll learn how you can confront the hidden malady of legal drug dependency in individuals and ultimately break its chokehold on a world already ravaged by complacency and social-systemic dysfunction. The only book of its kind, *Hidden Addictions* is a concise, readable pastoral perspective on the creeping epidemic of legal drug abuse. Its illuminating case vignettes show you the social roots of addiction and give you the spiritual and religious resources necessary to put you and your loved ones on the road to holistic recovery. Specifically, you'll read about:

- groups most at risk--girls, young women, and older women
 - types of drugs, including tranquilizers, sedatives, antidepressants, and painkillers
 - over-the-counter drugs and look-alike drugs
 - women and the pharmaceutical industry
 - recovery methods, including detoxification, family therapy, and couple counseling
 - spiritual resources and systemic reform
- In a society already addicted to power, pleasure, and possession, you don't always see the "warning buttons" being pushed. But this book shows that you can turn back the quiet tide of spiritual sickness and psychochemical dependency that's sweeping the globe. So whether you're a pastor whose congregation is suffering, a social worker administering to addicted clientele, or a campus minister, *Hidden Addictions* will give you the pragmatism and awareness you need to heal the wounded soul.

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