



# Top 50 Most Delicious Smoothie Recipes - Includes Health Benefits & Easy To Follow Steps For The Best Smoothies (Recipe Top 50's Book 1)

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This top 50 of amazing smoothie recipes is based on an internet poll.

Try them all and read about their health and nutritional benefits.

These smoothies are so good, you will surely be overwhelmed by their gorgeous taste. These smoothies are delicious at anytime of the year!

## Easy to follow steps so anyone can make and enjoy them!

Each of the recipes have easy to follow steps allowing anyone to make them in no time at all.

### **Understand the health & nutritional benefits**

Knowing that what you're eating is good for you lets you enjoy it so much more. So we've included handy little notes that tell you the benefits of each recipe & interesting facts about the ingredients.

### Tried, Tested and SO GOOD!

These recipes have all been tried out by us and we LOVE each and every one of them. So get to smoothie making yourself and satisfy your smoothie cravings!



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