



Confidence to Care: [US Edition] A Resource for Family Caregivers Providing Alzheimer's Disease or Other Dementias Care at Home

Molly Carpenter

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Confidence to Care is the essential handbook for the family caregiver offering practical insights to understanding, managing and preventing the behavioral symptoms associated with dementia and Alzheimer's disease. Touching, personal stories come together with practical and easy-to-access tips and techniques drawn from decades of caregiving experience by internationally-recognized experts. This cutting-edge resource will help the family caregiver confidently deal with the most common issues associated with dementia. In addition, advice about how to care for yourself while caring for others is essential.

The number of people worldwide living with dementia illnesses such as Alzheimer's disease is set to nearly double every 20 years, reaching 65.7 million in 2030 and 115.4 million in 2050, according to Alzheimer's Disease International (ADI). Though research continues, there is currently no cure for Alzheimer's disease. But until there is a cure, there is care. Confidence to Care includes chapters offering caregiving strategies and recommends other resources for the family caregiver. This book is the most practical dementia care tool available and unique in its content and presentation.

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