

Is It Mold?: A Holistic Approach To Managing A Commonly Overlooked Condition

Karen I Wright

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Is It Mold?: A Holistic Approach To Managing A Commonly Overlooked Condition Karen I Wright Imagine this: You are highly sensitive to a substance that is not easy to avoid. Now imagine that any exposure to that substance could cause your health to fall into a downward spiral, leaving you unable to function. Doesn't sound good, does it? For people with mold sensitivity syndrome, this is a harsh reality every day of their lives. Each time one such sufferer enters a building where mold is lurking, it can cause their health to tailspin. Sadly, there are no warning labels to announce that a building is mold free. But there are some measures that can be taken to help people with this condition. This book contains techniques that have successfully been used to help with this condition.



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