



# Spiritual Cleansing, Energy Healing with Hypnosis, Meditation, and Affirmations: The Sleep Learning System

*Joel Thielke*

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## **Spiritual Cleansing, Energy Healing with Hypnosis, Meditation, and Affirmations: The Sleep Learning System** Joel Thielke

Cleanse your spiritual energy and feel revitalized with this guided meditation program from The Sleep Learning System and hypnotherapist Joel Thielke.

It's as easy as turning on the tracks and falling asleep!

The Sleep Learning System is specially designed to work with your subconscious mind during your sleep cycle. The guided meditation and soothing background music will deeply relax your body and mind for the perfect night's sleep while allowing you to access the deepest parts of your mind. With this program you'll cleanse your spiritual energy and revitalize your body and mind.

Three inductions give you options for each session, or listen to the entire album. It's your choice!

You'll feel well rested and energized when you wake up and with every time you listen.

Joel Thielke's guided mediation system gives you positive suggestions that will help you quiet your mind and melt away stress, leaving your body deeply relaxed for a great night's sleep. While you're sleeping, the program will remove blocks and negative energy and help you cleanse your energy so that you feel light, focused, and energized.

The special inductions will gently guide you into your REM stage of sleep, working with your subconscious to make lasting change that you can see.

This Sleep Learning System download comes with three extended induction tracks, guided meditation programs, and bonus music and positive subliminals, providing hours of relaxation for your listening experience.

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