

Ketogenic Fat Bombs: Low Carb, High Fat Nutritious Snacks and Desserts for Weight Loss (Delicious Low Carb, High Fat Recipes)

Abel Evans



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Ketogenic Fat Bombs: Low Carb, High Fat Nutritious Snacks and Desserts for Weight Loss (Delicious Low Carb, High Fat Recipes) Abel Evans BURN FAT, LOSE WEIGHT AND INCREASE ENERGY LEVELS WITH THESE DELICIOUS AND NUTRITIOUS KETOGENIC RECIPES! Fat Bombs are the Most Delicious, BEST way to Lose Weight Fast and stay in Fantastic Shape!

Feeling for a snack but not sure of whats healthy?

This book will solve that problem!

The recipes included in this book are naturally Low Carb, Gluten Free and the EASIEST way to meet your 75% healthy fat ratio throughout the day.

Are you ready to have Unlimited Boundless Energy all day?

Not only are fat bombs quick, simple and satisfying they are also packed full of metabolism-boosting and belly-fat-burning goodness!

Not to mention the added micro-nutrients, vitamins, minerals and superfoods in some of these indulgent little fat bombs.

Here Is A Preview Of The Delicious Low Carb Ketogenic Fat Bomb recipes In This Book:

- Peanut Butter Fudge
- Guacamole and Bacon Fat Bombs
- Savory Greek Style Fat Bomb Balls
- Chocolate-Coconut Layered Candy Cups
- Cinnamon Bun Fat Bomb Balls
- Strawberry Cheesecake Bites
- English Toffee Fat Bombs
- Keto Peppermint Patties
- Creamy Keto Salmon Dip
- Pistachio-Almond Fudge Bites
- Coconut and Matcha Fat Bomb Balls
- Butter Pecan Fat Bomb Balls
- Pumpkin Mini Pies with Chocolate "Crust
- And Much, Much More!

Each recipe has a FULL Nutritional Breakdown so you can keep track of your calories.

So let's start trimming off that weight right away!

Enjoy these fantastic Fat Bombs as a Ketogenic Dessert or Power snack!

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Reading can called thoughts hangout, why? Because when you find yourself reading a book particularly book entitled Ketogenic Fat Bombs: Low Carb, High Fat Nutritious Snacks and Desserts for Weight Loss (Delicious Low Carb, High Fat Recipes) your thoughts will drift away trough every dimension, wandering in each aspect that maybe unknown for but surely will end up your mind friends. Imaging each and every word written in a book then become one contact form conclusion and explanation in which maybe you never get before. The Ketogenic Fat Bombs: Low Carb, High Fat Nutritious Snacks and Desserts for Weight Loss (Delicious Low Carb, High Fat Recipes) giving you one more experience more than blown away your mind but also giving you useful info for your better life in this era. So now let us demonstrate the relaxing pattern at this point is your body and mind is going to be pleased when you are finished reading through it, like winning an activity. Do you want to try this extraordinary spending spare time activity?

Cheryl Phelps:

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Mildred Brummett:

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