



Parenting: Zen Parent Made Easy: How To Teach Your Kids Discipline And Responsibility Without Yelling And Power Struggles (Parenting - Parenting Made ... with love and logic - Parenting advice)

Jenny Quinn

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THE ULTIMATE GUIDE TO BECOME A ZEN PARENT - NO MORE POWER STRUGGLES!!!

“At the end of the day, the most overwhelming key to a child’s success is the positive involvement of parents” – Jane D. Hull

In our discussion, it is clear that the ultimate gift you can give your child is a sense of responsibility and discipline. To achieve this, our unconditional love, patience and care should be the first priority to our children after which you will be able to apply Zen mindful steps. In summary, the steps are right understanding, right intentions, right actions, meditation, mindfulness, effort, right livelihood, and right speech. Embracing all these steps is what will make the difference between your child growing up into a responsible adult or not. Even as you begin the journey on Zen parenting, remember that it will be hard to change the way you are used to parenting your child. However, with a little more practice, you will use Zen to instill discipline and responsibility and you will be happy when your children grow up to become responsible adults.

Here Is A Preview Of What You'll Learn....

- Good Parenting Defined by Zen
- How To Apply Zen Parenting Mindful Approach
- How To Avoid The Common Mistakes That Parents often Make When Disciplining their children
- The Importance of Discipline and Responsibility to A Child
- And much, much more!

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Edna Vachon:

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