



# Body Reflexology: Healing at Your Fingertips

*Mildred Carter, Tammy Weber*

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## **Body Reflexology: Healing at Your Fingertips** Mildred Carter, Tammy Weber

This backlist bestseller incorporates complete information on and techniques for healing through fingertip pressure massage. Through easy-to-follow, step-by-step illustrated instructions, the book shows the reader how to send healing flows of energy through the body to relieve arthritic pain, back pain, prostate trouble, headaches, and numerous other conditions.

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